

# 乳癌健康篩查計劃 Breast Cancer Screening Plan

乳癌是香港女性最常見癌症，亦是致命癌症的第三位。據香港癌症資料統計中心近年數據，每 14 名婦女中有 1 人有機會在一生中患上乳癌，年齡愈大，風險愈高。

早期發現及適時診斷對治療成效和病人的生存率至為重要。所以建議 30-40 歲或以上女士應定期進行乳房篩檢，及早發現可能潛藏的乳癌風險，以取得更佳診治效果。

Breast cancer is the most common cancer among Hong Kong women and ranks the third deadliest. According to the recent statistics released by Hong Kong Cancer Information and Statistics Centre, one in every 14 on average will develop breast cancer in their lifetime. The older the age, the greater the risk.

Therefore, early detection and timely diagnosis are crucial for treatment effectiveness and patient survival. Women aged 30-40 or above is recommended to undergo regular breast screenings to assess the risks, detect symptoms early for better treatment outcomes.

## 由醫生主理 | Consultation by Doctor

### 乳癌的風險因素

#### Risk Factors for Breast Cancer

1. 個人或家族乳癌病史  
Personal or family history of breast cancer
2. 基因測試確定為帶有某些基因突變 (例如: BRCA1 或 BRCA2)  
Confirmed genetic mutations (such as BRCA1 and BRCA2 mutation)
3. 曾患某些良性乳房疾病  
History of benign breast disease
4. 初經早 (12 歲前) / 收經遲 (55 歲之後)  
Early menstrual periods (before age 12)  
Late menopause (after age 55)
5. 從未生育或餵哺母乳  
Never given birth to babies or never breastfed
6. 首次生育年齡逾 35 歲  
Age of first live birth after 35 years old
7. 肥胖 / 缺乏運動 / 生活壓力  
Obesity / Sedentary lifestyle / Stressful lifestyle

### 計劃內容

#### Screening Package

- 檢查前後醫生面診  
Pre- and post- doctor consultation
- 乳房超聲波檢查  
Ultrasound Breast
- 乳房 2D 造影檢查  
2D Mammogram

### 升級自選項目

#### Upgrade Item (Optional)

- 乳房 3D 造影檢查  
3D Mammogram

### 服務價錢

#### Service Fee (HK\$)

\$2,800

\$1,700

## 查詢及預約 | Enquiry & Appointment

香港中環畢打街 1-3 號中建大廈 13 樓 1331 室  
1331, 13/F, Central Building, 1-3 Pedder Street, Central, HK

+852 3565 2868

Heal\_Medical

+852 9329 8821

enquiry@heal-medical.com

