

# 慢性呼吸道疾病 非入侵性肺功能檢查服務

適用於：

氣管敏感、氣喘、長期咳嗽、哮喘、  
慢性阻塞肺疾病、吸煙、吸食電子煙及接觸二手煙人士

## 由醫生主理

服務包括：

- 檢查前醫生面診
- 呼氣一氧化氮檢測 (FeNO) \*
- 肺功能測試 (肺計量) #
- 胸肺 X 光
- 呼吸系統專科醫生講解報告

服務價錢 (HK\$) **2,880**

升級自選項目：

- 第三代環境過敏原過敏測試
- 血全像分析

服務價錢 (HK\$) **1,220**

非侵入性肺功能檢查在診斷和管理呼吸系統疾病中起著重要作用：

- 適用於診斷氣喘、長期咳嗽、哮喘及慢性阻塞性肺病 (COPD) 等呼吸道疾病
- 肺纖維化篩查
- 評估呼吸道疾病的病程發展和嚴重程度

適合人士 (建議每年進行一次定期評估)：

- 氣喘、長期 / 慢性咳嗽、氣管敏感、氣管狹窄或間歇性呼吸困難的人士
- 哮喘、慢性阻塞性肺病 (COPD) 等呼吸系統疾病患者
- 長時間暴露於肺塵埃工作環境中人士 (如建造及裝修業、石礦業、船隻修造)；  
吸煙、吸食電子煙及經常接觸二手煙人士

### \* 呼氣一氧化氮檢測 (FeNO)

呼出一氧化氮 (FeNO) 檢測是一種簡單且無創測試呼氣中一氧化氮濃度的方法。此測試在患者呼氣時測量氣體中的一氧化氮水平，較高的一氧化氮水平可能表示氣道存在炎症，這通常與哮喘等疾病有關。進行 FeNO 測試時，患者需呼氣進入一個手持設備中，該設備會分析一氧化氮的含量，以幫助醫護人員評估患者氣道的健康狀況。

### # 肺功能測試 (肺計量) (Spirometry)

肺功能檢查是一種常見的呼吸測試，用於測量患者能夠吸入和呼出的空氣量，以及呼出空氣的速度。測試過程中，患者需用力吹氣進入一個連接到稱為肺量計的設備的管子。這項測試對於診斷和監測各種呼吸疾病，如哮喘和慢性阻塞性肺病 (COPD)，具有重要意義。透過分析測得的數據，醫護人員能更好地評估患者的肺部健康狀況。

查詢及預約 | Enquiry & Appointment

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# Comprehensive Non-Invasive Pulmonary Function Testing for Chronic Respiratory Diseases

Suitable for people with sensitive airways, shortness of breath, chronic cough, asthma and COPD; also applicable to smoker, e-cigarette smoker and people who are frequently exposed to secondhand smoke.

## Consultation by Doctor

### Services Include:

- General Practitioner Pre Check-up Consultation
- Fractional Exhaled Nitric Oxide (FeNO) Test \*
- Spirometry Lung Function Test #
- Chest X-ray
- Respiratory Specialist Post Consultation

Service Fee (HK\$) **2,880**

### Add-on:

- Environmental 3g Allergy Profile
- Complete Blood Count

Service Fee (HK\$) **1,220**

Pulmonary function test is a vital diagnostic and monitoring modality in respiratory disease management. These non-invasive evaluations enable:

- Establishing diagnoses of conditions such as shortness of breath, chronic cough, asthma and chronic obstructive pulmonary disease (COPD)
- Screening for pulmonary fibrosis
- Evaluating the progression of respiratory diseases and severity

Suitable for: (It is recommended that individuals undergo an annual routine assessment.)

- Individuals with shortness of breath, chronic cough, sensitive and narrow airways, and intermittent breathing difficulties symptoms
- Individual with asthma and chronic obstructive pulmonary disease (COPD) and other respiratory disorders
- Workers employed in high-risk occupations with potential dust/particulate exposures, including construction, mining, shipbuilding, and plumbing; smokers, e-cigarettes smoker, or individuals who are frequently exposed to secondhand smoke.

#### \* Fractional Exhaled Nitric Oxide (FeNO) Test

Fractional exhaled nitric oxide (FeNO) test measures the concentration of nitric oxide in exhaled breath. This non-invasive test provides valuable information about airway inflammation, commonly associated with asthma. Patients exhale into a handheld device that quantifies the nitric oxide levels, helping healthcare professionals assess and manage respiratory health effectively.

#### # Spirometry Lung Function Test

Spirometry is a widely used pulmonary function test that assesses an individual's ability to inhale and exhale air, as well as the speed of exhalation. During the test, the patient forcefully exhales into a tube connected to a device known as a spirometer. This test helps healthcare professionals diagnose and monitor respiratory conditions such as asthma and chronic obstructive pulmonary disease (COPD).

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